

Reb's journal week 11

Well, the sexuality workshop was intense and interesting. I felt the group worked really well with new people in it, but we didn't get a role play done (whole point of the exercise!). We have a slight problem with places for the next skills course being limited and three sets of concepts students will have gone through, needing me to select students for next year and disappoint some others. The new students arrive on Tuesday evening, so I have to be ready for them. At least I will have sorted out all the forms for their course and get their assignments out in the right order!

The college isn't an easy place to work for me at the moment, it has other priorities and other courses and student groups whose needs are very different from the counselling courses. Fitting in with the rest of the college when I'm hardly ever there is proving a bit of a challenge!

On the plus side, I have an interview at Chichester to do a diploma on Monday. I'm a bit nervous – it isn't easy having a student on the course who might have areas of knowledge that are equivalent to or even higher than the tutors – I'm hoping the humanistic structure will allow for an ego-less and open exchange. I really feel, despite my experience and knowledge, that I can't teach a diploma without having done one! It will give me the right level, hopefully some useful tips on running the diploma course, and most importantly, fill in any gaps in my knowledge. The personal growth side is a brilliant bonus. It will be a bit of fun being on the course if some of the skills students decide to do it – though it might be a bit weird to start with.

I'm also wrestling with strange effects of rapid changes in blood sugar. In all honesty, I should have taken a bit of sick leave, but I don't know how we would have finished the course if I did! So I apologise in advance if I get a bit light headed or emotional.